

Air & Waste Management Association
P.O. Box 384
Williamsville, NY 14231-0384

PRESORTED
STANDARD
US POSTAGE
PAID
PERMIT 3344
BUFFALO, NY

21ST ANNUAL



ENVIRUN

WNY's most scenic 5K course!



Saturday, April 16, 2011 • 10:30 AM
Goat Island • Niagara Falls, NY

\$20.00 - \$25.00 Late Entry (after 4/14/11) • Students: \$15.00

- U.S. Funds Only** • Make Checks payable to NFS-AWMA
Mail to : ENVIRUN/IEG • 44 Rolling Hills Dr. • Orchard Park, NY 14127
Registration is also available at: www.active.com
- ▲ Awards to overall male and female (no duplicates)
 - ▲ First three finishers in each age group (5 year age groups)
 - ▲ Ages 14 and under to 85 plus - male and female
 - ▲ Special quality shirt to the first 350 registrants!
 - ▲ Post race awards party with refreshments and live music by 8 o'clock Friday.



Participate in the 5K run and help to celebrate Earth Day!

Event Sanctioned by USATF and Course certified to be accurate by USATF #NY09056JG.

